



MEMO GAMMA CUP 2019

Dear Team leaders, Coaches, Judges and Participants, as we are not holding a technical meeting during Gamma Cup (due to time issues/efficiency) **WE KINDLY ASK YOU ALL TO READ AND FOLLOW THE INSTRUCTIONS IN THE MEMO BELOW.** This to make the best possible competition for everyone.

Many thanks!

There are a few changes from how we usually run things! This is marked in red, make sure you read it 😊

Judging Schedule, Entries, Program:

<http://www.polisensimhopp.se/nyheter/?ID=28985&NID=412877>

Dive Sheets:

The competition will use Diverecorder and we ask you all to submit your dive sheets shall online no later than Tuesday **the 26:th of February**. Changes can be made until 18:00 the day before the specific event.

NOTE!

All entered dive sheets will be handed to team leader/coaches at the diving pool at arrival on Thursday afternoon. If any sheet is to be changed, **YOU NEED TO MAKE THE CHANGE ON THE PAPER SHEET AND GIVE TO THE SECRETARIAT. DO NOT SUBMIT A NEW SHEET IN DIVERECORDER!**

Sheets that are NOT entered, signed or changed on a paper sheet before 18:00 the day before the event takes place will not be submitted or changed!! No signature after 18:00 means that the diver accepts the dive sheet the way it is!

To post your sheets: www.diverecorder.co.uk ---- Gamma Cup 2019

Entry to the Pool / audience:

Divers and coaches enter through the door next to the revolving door on the backside of the pool (at the car park). The door will be open from **07.30** – end of last competition during competition days. On Thursday February 28 the door will open at **14:30**.

Warm up area

Due to the closing of the Dry land we have a area in the 50m pool for warm up. You will reach this area through the dressing rooms and to you left, then the warm up area is in the right corner of the 50m pool.

We wish that all our guests please help us to maintain the warm up area nice and clean:

- *Coaches, please accompany your divers to warm up!*
- *Luggage and bags are NOT to be put in the warm up area! Use the lockers or the divers corner in the diving pool.*
- *All food and beverages are strictly prohibited in the warm up area!*

Coaches must communicate this to their teams!

Divers corner:

We ask all competitors to keep their bags in the designated area behind the platform tower. **NOT ON THE STANDS OR BEHIND THE SECRETARIAT!**

**Training hours:**

Thur: 15.00 – 20.00, Fri: 07:30 to 10:00, Sat: 7:30 to 9.00, Sun: 7:30 to 9.00

Start lists:

Will be posted behind each competition platform (1m, 3m, platform) before each event. Can also be seen at the Live Results page on Diverecorder – Gamma Cup 2019. Click on **Results** in the Gamma Cup box to see all events. <http://www.diverecorder.co.uk/live/index.php>

Results:

Will be posted on the wall in the corridor to the diving pool. And on our website and Diverecorder.

Awards Ceremony:

Takes place immediately after each event. Medals will be handed out to places 1-3.

Opening Ceremony:

On Saturday March 2 we have a Opening Ceremony at 13.45. All Teams/divers are to gather in the hallway to the pool at 13.40.

Dressing rooms:

Padlocks needed to cabinets. The numbered dressing rooms are to be used.

Meals:

Meals are served, for those clubs who have ordered, at SK NEPTUNS CLUB HOUSE at Götgatan 107 by Raftewolds Catering. This is approx 5 min walk from the pool. You enter from the street.

Map to MEALS: <https://goo.gl/maps/dp22qbxhGmG2>

Meal times:

Dinner Friday + Saturday: 17.30 – 19.30.

Lunches Friday, Saturday, Sunday: 11.00 – 13.00

Questions:

info@polisensimhopp.se or contact Head of competition Hedvig Ekblom: +46 (0)736 31 11 51

WELCOME TO GAMMA CUP!